



FUNDRAISING

Toshiba Breath of Life Celebrity Ski Challenge

The Toshiba “Breath of Life®” Celebrity Ski Challenge is Canada’s premier ski fundraising event. In 1985, Canadian Olympic skier and “crazy Canuck” Ken Read created the Challenge, after his

nephew, Andrew was diagnosed with cystic fibrosis (CF). Corporate teams of four are paired with a ski or sport legend for a day of fun on the slopes. A few of the Olympic celebrities who have participated include: Marnie McBean (Gold – Rowing), Greg Joy (Silver – High Jump), Sylvie Bernier (Gold – Diving), Curt Harnett (Gold – Cycling) and Canadian ski legends Kathy Kreiner, Todd



Brooker, Cary Mullen, Liisa Savijarvi and Ken Read. Each event includes ski clinics, a two-heat downhill race, a reception and awards banquet. For information on how you can enter a team, please eMail: cmccarthy@ccfftoronto.ca.

Come Celebrate!

Since 1966, The Robbie International Soccer Tournament has hosted youth from all over the world to play on the fields of Scarborough and raise funds for cystic fibrosis and muscular dystrophy.

In total, they have raised one million dollars! To celebrate this achievement, they will be hosting **The Robbie Million Dollar Gala** on Saturday, February 26, 2005 at the Grand Baccus Banquet Centre in Scarborough. Tickets are \$75 per person or \$700 for a table of ten. Come enjoy host

Roger Abbot from CBC’s *Royal Canadian Air Farce*, Honorary Chair Mayor David Miller, a magnificent 5-course meal, open bar, fabulous door prizes and a great silent auction. For tickets call 416-932-3900 or go to www.robbiesoccertournament.com.

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Drive for a Cure

Put away your hockey sticks and dust off your golf clubs! The Angus Glen Golf Tournament is just one season’s swing away! The event is scheduled for Friday, May 6, 2005 and we can’t wait to see you there! The early bird special is \$200 per person, which includes: a scrumptious lunch, an afternoon of golf with a cart at one of the most prestigious

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golf courses in Canada, an impeccable dinner, prizes and friendly volunteers to assist you with your every need! The early bird special is in effect until April 1, 2005. After this date, the price increases, so book early!

We suggest that you start recruiting your teams and begin training immediately! To reserve your foursome today, eMail: cmccarthy@ccfftoronto.ca or call our office at 416-932-3900.



 Canadian Cystic
Fibrosis Foundation

The 4th Annual
65 ROSES *Gala*

*Join us for a Magical evening and help give
Canadians with Cystic Fibrosis the Breath of Life®*

Date: Saturday, April 23, 2005 7:00 pm
Location: Arcadian Court, 401 Bay Street, Toronto, ON
Cocktail Reception, Gourmet Dinner, Fine Wine, Fantastic Entertainment,
and Silent & Live Auction
Tickets: \$250 per person
Sponsorship opportunities and corporate tables available

For more information, or to order your tickets, please call 416-932-3900
or visit www.ccfftoronto.ca

Proceeds from this event will benefit the Canadian Cystic Fibrosis Foundation
Charitable Registration number: 10684 5100 RR0001

ARCADIAN COURT

Great Strides

Get ready to put on your sneakers and walk for an excellent cause! **Great Strides™ Walk: Taking Steps to Cure Cystic Fibrosis** will be taking place at the Toronto Zoo on **Sunday, May 29, 2005!** Please mark this date in your calendar now, as thousands of Canadians lace up their sneakers and walk for cystic fibrosis. Bring friends, family, neighbours



and colleagues to enjoy a fun-filled day with the monkeys, polar bears and other extraordinary animals while supporting cystic fibrosis.

Guests who collect a minimum of \$25 in pledges receive **free admission to the Zoo**, free lunch and an entire day packed with excitement!

Keep your eyes open for upcoming news on the event. Brochures and pledge sheets will be sent out in March and more information will be available at www.cysticfibrosis.ca in the spring.

PAST FUNDRAISERS

FrightLites®

The 2004 FrightLites® Campaign was a tremendous success! Children Trick-or-Treated safely this year while lighting a cure for cystic fibrosis. A remarkable \$10,000 was raised in our district for cystic fibrosis research and care.

Congratulations to Rolph Road, Holy Jubilee and St. Helens School for selling the most FrightLites within their respective school boards! Thank you to the following schools and organizations that participated in this year's pro-



gram: Blythwood School, Centennial Road Junior Public School, Diefenbaker School, Dr. Emily Stowe, Dunlace Public School, Fairwood Public School, Holy Jubilee, Hospital for Sick Children, Island Public/Natural Science School, Light of Christ, Loblaws, Maple Grove Public School, Mother Cabrini Catholic School, Northern Lights, Norway Public School, Oriole Part School, RL Graham, Rolph Road School, St.

Clement Catholic School, St. Gregory the Great Catholic Academy and St. Helens School.

A big **THANK YOU** goes to our FrightLite Volunteers: Anna Pires, Carol Vigneau, CF Clinic Staff, Christer Nilsson, Clay Rotstein, Connie Colby-Schmied, David Pimentel, Eric Rubel, Erin Ashby, Garrett McCarthy, Jasmine Djordjevic, Jennifer Roberts, Joanne Bovair, Kim Anderson, Linda Bifulchi, Martin O'Halloran, Mary Carbonie, Maureen, Nancy, Nicole Moffat, Pat Taylor, Patricia O'Halloran, Randy Weiss, Sally Blackwell and Sarah Lostracco.

Thank you for your hard work and support! Your dedication and commitment made this triumph possible. Congratulations on your success!

Chauffeured Elegance – a night like no other!

On Friday, November 12th, 2004 the Toronto Chapter and a team of incredible volunteers organized an unforgettable evening. The night began with an incredible view of the Toronto skyline, while having drinks and hors d'Oeuvres at Panorama. We then escorted our guests via limo to Acqua Ristorante & Bar for a fantastic dinner with wine and dessert. But the fun didn't stop there. We moved on to Indian Motorcycle and danced the night away.

Our presenting sponsor, Solvay Pharma, made this amazing evening possible. Your generosity and continued support is greatly appreciated. We would also like to point out the generous contributions of our additional event sponsors: Orbis Communications, Hillebrand Estate Wines, Ferrari Maserati, Smuckers, Procter & Gamble, and Marita Simbul-Lezon of CIBC Wood Gundy. Thank you for helping to make this event a wonderful success.



Finally, we would also like to send out a very special THANKYOU and highlight all the volunteers who assisted with our Chauffeured Elegance event. This evening could not have succeeded without your hard work and dedication. We had a great team and we truly appreciate all your efforts.

A big THANK YOU to our Chauffeured Elegance team: Andrew Dalgliesh, Andrew Lacas, Alissa Greason, Bernie Lee, Cathy Kim, Duane Kyle, Elizabeth Barnett, Jennifer Alsop, Jack Miskiewicz, Jennifer Williams, Joanne Nasby, Lisa Hayford, Leslie Tummonds, Michael Bartlett, Mandy McCurdy, Paul Teshima, Regine McAndrew, Ron Rankin, Steve Silva, Tammy Chiasson and Victoria Gibbs.

Entertainment Books

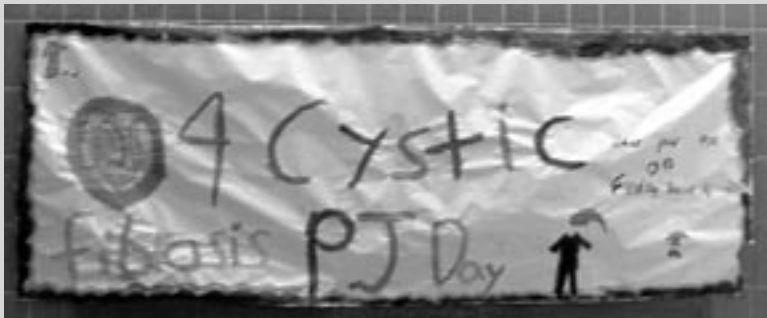
Thank you to everyone who purchased Entertainment Books in support of the Canadian Cystic Fibrosis Foundation. We sold a record-breaking 103 books this year!

A special THANK YOU goes to **Sheilah Brady** for her incredible sales ability! Sheilah sold 43 Entertainment Books during this year's campaign and made a significant contribution to CF research. Congratulations, Sheilah! Thanks for all of your hard work!

VOLUNTEER CORNER

Spotlight: Caitlyn Brady

Caitlyn Brady is 12 years old and has CF. Caitlyn attends Kew Beach Public School. She wanted to do something to help raise money for CF, so she organized a pyjama day at her school. If students wanted to wear pyjamas to school that day, they were asked to make a donation to the Canadian Cystic Fibrosis Foundation. The Pyjama Day raised



\$480 for CF! Way to go Caitlyn! We wanted to highlight how you have helped raise funds for cystic fibrosis research and treatment. Thank you Caitlyn!

Raptors 50/50 Draw

It's that time of year – Vince is gone and Jalen is going strong – so we need hustlers!

The Toronto & District Cystic Fibrosis Chapter will be partnered with the **Toronto Raptors** to raise money for cystic fibrosis. We are looking for twenty outgoing and friendly volunteers to sell 50/50 tickets at Raptor Games.

Here's how it works: We sell 50/50 tickets to Raptor fans before the game and during half time. During the 3rd quarter, all the money and tickets are collected and tallied. A ticket is then selected and the winner walks away with 50% of the money raised from ticket sales! The other 50% goes into the Raptor Foundation. At the end of the season, the Raptor Foundation reviews how many tickets we have

sold and sends us a cheque. So, the more tickets we sell, the more money we get! That's why we need hustlers!



And that's not all. After you have finished selling tickets, you are escorted up to the Center Court Box to watch the 4th quarter of the game with **free pizza and pop!**

Outlined below are three dates that the Toronto Chapter volun-

teers will be raising money for cystic fibrosis. If you would like to be part of a great time, please eMail cmccarthy@ccfftoronto.ca or call 416-932-3900 to let us know which game(s) you would like to attend! Please note that volunteers should plan to arrive 1 ½ hours before the Game Time listed below.

Our dates are as follows:

Sunday February 6th, 2005

Raptors vs Dallas

Game time 1:00 pm

Friday February 11th, 2005

Raptors vs Philadelphia

Game time 7:00 pm

Sunday March 13th, 2005

Raptors vs Philadelphia

Game time 6:00 pm

Walk Committee

Looking for a fun way to help out as well as see the fruits of your labour? This year, we are organizing the **Great Strides™ Walk: Taking Steps to Cure Cystic Fibrosis** at the Toronto Zoo (formerly the Zellers Family Walk for CF). This huge endeavour requires a lot of assistance. We are looking for volunteers to join and aid our committee in the areas of promotion, media/publicity, sponsorship and volunteer recruitment.

If you want to help, but don't want to join a committee, we will still require assistance distributing our Walk brochures and posters. Take some brochures and ask to have them displayed in stores that you frequent.

We will also need support on the day of the event. If you would like to volunteer for approximately four hours on the day of the event to help participants register and hand out stickers, please email: jdiniz@ccfftoronto.ca

We are also looking for fundraising coaches! Do you have a lot of ideas on how people can raise funds? This year, we will have fundraising coaches for Walk participants who request help in raising funds. The coach will supply the walker with various ideas on how to raise funds. If you are interested in being a fundraising coach, please email: jdiniz@ccfftoronto.ca.

CF Golf Committee

The Angus Glen Golf Tournament is just around the corner and needs committee members to help plan this fabulous event! If you are interested in doing so, please email cmccarthy@ccfftoronto.ca or call 416-932-3900 to become a member of the committee!

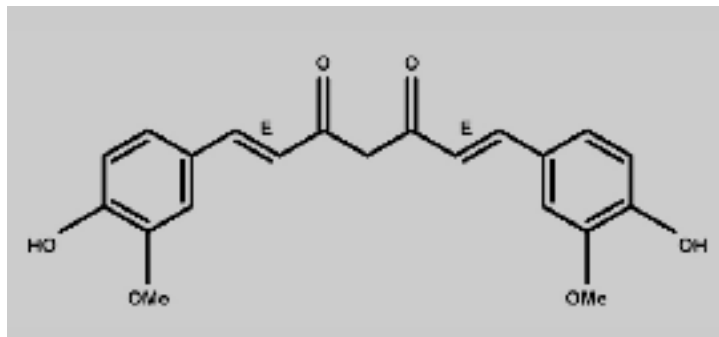
MEDICAL UPDATES

Curcumin Update

The Foundation's Medical/Scientific Advisory Committee (M/SAC) met recently with international CF experts, to discuss the potential therapeutic use of curcumin.

During this meeting, the experts considered the most recent results obtained by two other research groups that have studied the impact of curcumin at the cellular level, as well as in other models of cystic fibrosis. Neither group has been able to confirm the initial observations. In addition, an initial preliminary human study on individuals with cystic fibrosis could not demonstrate any signifi-

cant effect of curcumin on airways. To evaluate the matter further, a small follow-up study in the United States is planned to take place



in the near future. Although these more recent observations are disappointing, the questions raised by the experiments with curcumin will allow the CF community to explore

new directions towards a cure, or effective control for CF.

Therefore, the members of M/SAC recommend that Canadians with CF should not be taking curcumin for therapeutic reasons.

As always, individuals with CF should discuss therapies – conventional or non-conventional – with their clinic team. Further, it should be kept in mind that any therapy, particularly one that has not undergone Health Canada approved clinical trials, may have unanticipated effects.

We will continue to monitor this subject, and keep you informed.

